The Ascension Program

PODCAST ON SELF MASTERY, SPIRITUAL & PERSONAL GROWTH

About the podcast

The Ascension Program podcast is hosted by Moumita Paul. The podcast features interviews of luminaries from the mental health & spiritual world, channeled wisdom, techniques for emotional mastery & spiritual advancement. The goal of the 'Ascension Program' podcast is to show listeners they're not alone and that challenges in their personal/spiritual growth path are solvable.

Some notable personalities interviewed are **Neale Donald Walsch - author of Conversation with God** series. And **Dr. Gay Hendricks of Hencricks Institute.**

Combined Follower Count from her **Linkedin**, **Youtube**, **Podcast**, **Facebook** group & page, **Instagram**, & **Newsletter**:

7254

ABETTERLIVING.CO

60%	7K	54%	70%
From USA	Reach	Women	Engagement

LISTENER'S AGE:

18-24	**18%**
30-34	18%
35-44	44%
45-54	14%

TOP COUNTRIES
Norway
#2 USA
#3 Canada

LISTENER'S TOPICS OF INTEREST:

- Philosophy (top)
- Self Help
- Science & Nature
- Conspiracy theories

ABOUT MOUMITA

Moumita is the founder of her website - 'A Better Living. She is a channeler, a pranic healer, and a self-mastery coach.

She channels messages from **22 divine entities like Yeshua, Mary Magdalene, Extraterrestrials, Archangel Michael & Lucifer, Dragons, Lemurians**, etc educating people on inner work, healing the mind/body, & how to apply metaphysical information in their daily lives.

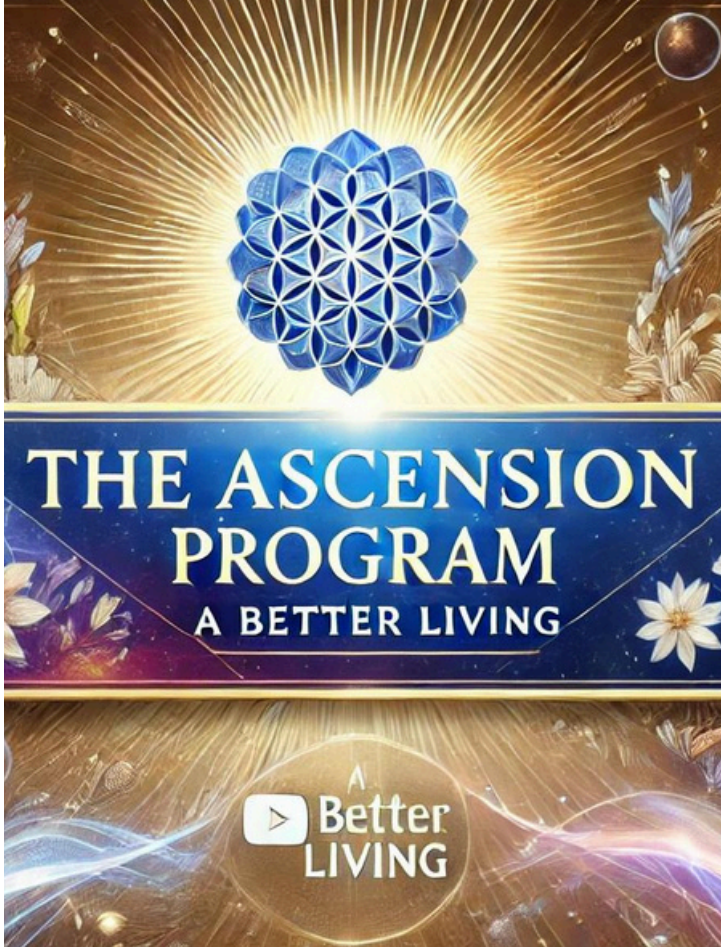
She is also clairaudient and has learned 20 **different coaching modalities (e.g. ICF ACC, Holographic Memory Resolution, NLP, Neurographica, EFT, Team-CBT, etc.)** to help people improve their mental health, self-worth, happiness & wellbeing.

She holds a **computer engineering & an MBA degree. Her spiritual journey began with narcissistic abuse, corporate bullying, burnout, and depression during the pandemic, which eventually led her to a spiritual awakening.**

With a versatile background, Moumita's unique perspective merges technology, biology, psychology, and spirituality to align people with the Golden Earth frequency.

She has created unique modalities like -

- **The 'Self Healing Blueprint' to heal the body,**
- **Epigenetic DNA Activation for unlocking secret potential.**



OFFERINGS FOR YOUR PODCAST

- If you wish to interview her for your podcast, she can also share techniques of how to use her '**Self Healing Blueprint**' to **heal negative emotions and physical illnesses (50% reduction in pain & discomfort in 5 minutes!)**
- Moumita can offer **live channeling or light language activation** for your podcast audience.

PREVIOUS COLLABORATIONS

Neale Donald Walsch (Author of Conversation With God)

Gay Hendricks (Psychologist)

Huenu Solsona (Founder of Orykl)

The Vantage Fit Podcast (Corporate Wellness Platform)

Bola Abimbola (Author of Daily Soul Bytes)

INTERVIEWING MOUMITA

- Your audience can download the free version of her 'Self Healing' Blueprint mini-ebook (which can heal most minor illnesses by 50% in 5 minutes).
- Your audience can also learn how to vocally channel from her (she has 1:1 workshops round the year).

PODCAST: TALKING POINTS

- Learning new healing modalities or even writing a scientific thesis using channeling.
- What are channeling blocks & how to heal them
- Unlocking hidden abilities & blocks by using epigenetics (DNA).
- The mind-body connection creates illnesses in our bodies.
- Sacred Geometry as DNA of Gods and how can one use it daily.
- Getting answers from your higher self during sleep.
- Things that block a person from pursuing their life purpose.
- Common mistakes people make when trying to manifest abundance.
- Poor self-worth - a hidden pandemic that negatively affects every aspect of life.
- Handling triggers, boundary violations, and constant conflicts.

INTERVIEW QUESTIONS

- Can you share how your personal journey through narcissistic abuse, corporate burnout, and depression led to your spiritual awakening and the creation of your unique practices?
- Can you explain how your self-healing blueprint works and perhaps guide our audience through a brief demonstration?
- What does it mean to be a vocal channeler, and how did you first discover your ability to connect with divine entities like Archangel Metatron?
- You've mentioned self-love as a cornerstone of healing. Why is self-love so critical, and how do you guide people to cultivate it?
- What's the connection between unresolved emotions and physical illness in your experience? Can you share a success story from a client?
- You've offered to do a live channeling or healing demonstration today. Could you walk us through what that might look like for our audience?