

# The Ascension Program

PODCAST ON SELF MASTERY, SPIRITUAL & PERSONAL GROWTH

## About the podcast

The Ascension Program podcast is hosted by Moumita Paul. The podcast features channeled wisdom, techniques for emotional mastery & spiritual advancement. It is meant for individuals interested in improving their mental health, manifesting abundance, and learning spiritual practices. With a background in engineering, pranic healing, and art, Moumita's unique perspective merges technology, biology, psychology, and spirituality to align people with the Golden Earth frequency.

Combined Follower Count from Podcast, Facebook, LinkedIn, Youtube, & Newsletter:

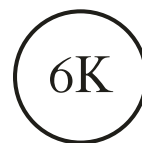
6,244



ABETTERLIVING.CO



From USA



Reach



Women



Engagement

### Listener Age Brackets

18-24	18%
30-34	18%
35-44	43%
45-54	14%
55+	7%

TOP COUNTRY: Norway

### My listeners also loved:

- #1 **The Conspirators Podcast**
- #2 **Next Level Soul Podcast with Alex Ferrari**
- #3 **Arcturian Healing Method Podcast**

### AUDIENCE'S TOPICS OF INTEREST:

- Philosophy (top)
- Self Help
- Science & Nature

# ABOUT MOUMITA

Moumita is the founder of her website - 'A Better Living. She is a channeler, a pranic healer, and a self-mastery coach.

She channels messages from **22 divine entities** like Yeshua, Mary Magdalene, Extraterrestrials, Archangel Michael & Lucifer, Dragons, Lemurians, etc educating people on inner work, healing the mind/body, spiritual ascension, mysteries of the universe (e.g. parallel realities, sacred geometry, etc) & how to apply metaphysical information in their daily lives.

She is also clairaudient and has learned **19 different coaching modalities** (e.g. Holographic Memory Resolution, NLP, Neurographica, EFT, Team-CBT, etc.) to help people improve their mental health, self-worth, happiness & wellbeing.

She holds a **computer engineering & an MBA degree**. Her spiritual journey began with narcissistic abuse, corporate bullying, burnout, and depression during the pandemic, which eventually led her to a spiritual awakening.

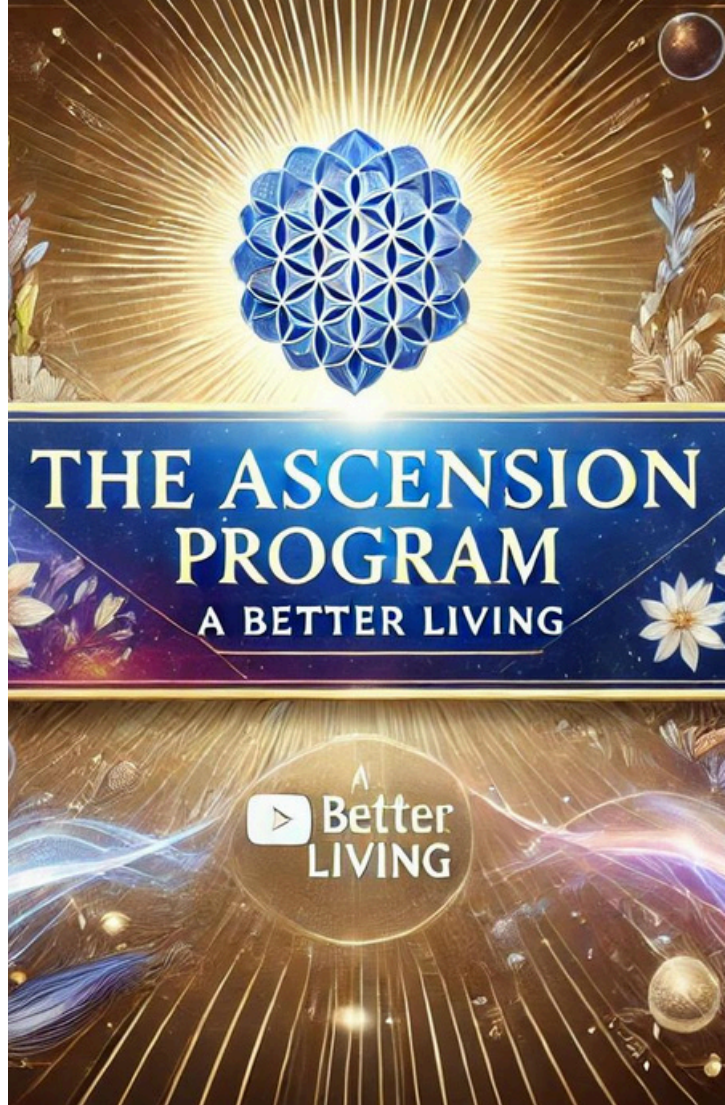
She has created unique modalities like -

- The 'Self Healing Blueprint' to heal the body,
- The Abundance Program for Prosperity,
- Epigenetic DNA Activation for unlocking secret potential,
- Annunaki Magic for Manifestation.

## PREVIOUS COLLABORATIONS

Finding Authenticity in A World of Egos - Bola Abimbola (Author of Daily Soul Bytes)

Promoting Emotional Wellbeing in the Workplace  
- The Vantage Fit Podcast (Corporate Wellness Platform)



## OFFERINGS FOR YOUR PODCAST

- She can also share techniques of how to use her 'Self Healing Blueprint' to heal negative emotions and physical illnesses (50% reduction in pain & discomfort in 5 minutes!)
- Moumita can offer **live channeling or light language activation** for your podcast audience.
- She can also demonstrate how to use epigenetics to activate the hidden potential in one's DNA & remove blockages.
- She can also share a **method of releasing limiting beliefs** with your audience to improve their self-worth, confidence, happiness & well-being.



# WORKING WITH MOUMITA

---



- Your audience can download the free version of her 'Self Healing' Blueprint mini-ebook (which can heal most minor illnesses by 50% quickly).
- Your audience can also learn how to channel from her (she has 1:1 workshops round the year).

## PODCAST: TALKING POINTS

---

- Learning new healing modalities or even writing a scientific thesis using channeling.
- Light language activation to release limiting beliefs.
- Unlocking hidden abilities & blocks by using epigenetics (DNA).
- The mind-body connection creates illnesses in our bodies.
- Sacred Geometry as DNA of Gods.
- Getting answers from your higher self during sleep.
- Things that block a person from pursuing their life purpose.
- Quickly identify and begin to heal negative emotions.
- Common mistakes people make when trying to manifest abundance.
- Poor self-worth - a hidden pandemic that negatively affects every aspect of life.
- Handling triggers, boundary violations, and constant conflicts.

## POTENTIAL INTERVIEW QUESTIONS

---

- Can you share how your personal journey through narcissistic abuse, corporate burnout, and depression led to your spiritual awakening and the creation of your unique practices?
- Can you explain how your self-healing blueprint works and perhaps guide our audience through a brief demonstration?
- What is the Annunaki Magic for Manifestation, and how does it differ from traditional manifestation techniques?
- How can DNA epigenetics activation unlock their hidden potential using your activation methods?
- You've learned 19 coaching modalities. Which one do you find the most transformative for emotional healing, and why?
- As someone with a background in computer engineering, how do you bridge the gap between logic and intuition in your spiritual teachings?